

Item Rate BOQ						
Tender Inviting Authority: Virendra Kumar Sakhlecha Govt. Medical College, Neemuch						
Name of Work: GYM LFkkiuk gsrq [kqyh fufonk						
Contract NO: T - 04 /VKSGMC - Neemuch/ DME/ 2025						
Name of the Bidder/Bidding Firm/Company:						
PRICE SCHEDULE (This BOQ template must not be modified/replaced by the bidder and the same should be uploaded after filling the relevant columns, else the bidder is liable to be rejected for this tender. Bidders are allowed to enter the Bidder Name and Values only)						
NUMBER#	TEXT#	NUMBER	TEXT#	NUMBER#	NUMBER#	TEXT#
SI.NO.	Item Description	Quantity	Units	BASIC RATE In Figure To be entered by the Bidder Rs. P	TOTAL AMOUNT Without Taxes	TOTAL AMOUNT In Words
1	2	4	5	13	53	55
1	Tread Mill	4.000	Nos		0.00	INR Zero Only
2	Elliptical Trainer	4.000	Nos		0.00	INR Zero Only
3	Recumbent Bike	2.000	Nos		0.00	INR Zero Only
4	Multi Press	2.000	Nos		0.00	INR Zero Only
5	Leg Extension/Leg Curl	2.000	Nos		0.00	INR Zero Only
6	Functional Trainer	2.000	Nos		0.00	INR Zero Only
7	Smith Machine	2.000	Nos		0.00	INR Zero Only
8	45 Degree Legpress	2.000	Nos		0.00	INR Zero Only
9	Seated Preacher Curl	4.000	Nos		0.00	INR Zero Only
10	Multi Adjustable Bench	2.000	Nos		0.00	INR Zero Only
11	Dumbbell Rack 12 Pairs	4.000	Nos		0.00	INR Zero Only
12	Olympic Flat Bench	2.000	Nos		0.00	INR Zero Only

13	Olympic Incline Bench	2.000	Nos		0.00	INR Zero Only
14	AB Coaster	2.000	Nos		0.00	INR Zero Only
15	Solid Dumbbells (1 to 40 kg Each set)	2.000	Nos		0.00	INR Zero Only
16.01	Olympic Hole Plates (2.5kg)	10.00 0	Nos		0.00	INR Zero Only
16.02	Olympic Hole Plates (5kg)	10.00 0	Nos		0.00	INR Zero Only
16.03	Olympic Hole Plates (7.5kg)	10.00 0	Nos		0.00	INR Zero Only
16.04	Olympic Hole Plates (10kg)	10.00 0	Nos		0.00	INR Zero Only
16.05	Olympic Hole Plates (12.5kg)	6.000	Nos		0.00	INR Zero Only
16.06	Olympic Hole Plates (15kg)	6.000	Nos		0.00	INR Zero Only
16.07	Olympic Hole Plates (20kg)	6.000	Nos		0.00	INR Zero Only
16.08	Olympic Hole Plates (25kg)	6.000	Nos		0.00	INR Zero Only
17	Heavy Duty Olympic Bar	4.000	Nos		0.00	INR Zero Only
18	72" Olympic Bar	2.000	Nos		0.00	INR Zero Only
19	47" EZ Curl Bar	4.000	Nos		0.00	INR Zero Only
20	Multi Grip Bar	2.000	Nos		0.00	INR Zero Only
21	Basu Balancing Ball	2.000	Nos		0.00	INR Zero Only
22	Multihyper extention	2.000	Nos		0.00	INR Zero Only
23	Bumper Plates	24.00 0	Nos		0.00	INR Zero Only
24	Gym Olympic Barbell Collar Lock Steel with Chrome Plated (Pack of 10)	5.000	Nos		0.00	INR Zero Only
25	Single Grip Nylon Lat Bar	4.000	Nos		0.00	INR Zero Only
26	Nylon Lat Rop	6.000	Nos		0.00	INR Zero Only
27	D Handle Grip (set of 1 pair)	2.000	Nos		0.00	INR Zero Only
28	Mag Handle (Set of 5 Handles + 5 Pieces Snaphook)	2.000	Nos		0.00	INR Zero Only
29	Floor Matt (25X304X304 mm) per Sq. ft.	3000. 000	Nos		0.00	INR Zero Only
30.01	Bar Collection separate (3ft.)	2.000	Nos		0.00	INR Zero Only

30.02	Bar Collection separate (4ft.)	2.000	Nos		0.00	INR Zero Only
30.03	Bar Collection separate (5ft.)	2.000	Nos		0.00	INR Zero Only
31	GYM Ball 75 CM.	2.000	Nos		0.00	INR Zero Only
32	Thera Bands	2.000	Nos		0.00	INR Zero Only
33	Outdoor Gym Equipment (Octagonal Multigym Kog 01 in 09 Station)	1.000	Nos		0.00	INR Zero Only
Total in Figures					0.00	INR Zero Only
Quoted Rate in Words		INR Zero Only				