

Dean Office
Virendra Kumar Sakhlecha Medical College,
Neemuch (M.P.)

E- Notice No **06**

/VKSGMC, Neemuch/DME /2026

Neemuch, Date **09/01/25**



2025 - 26

Establishment of GYM in Virendra Kumar Sakhlecha
Medical College, Neemuch (M.P.)
Tender Invitation

Tender Form fees:-1000 + GST /—

A handwritten signature in black ink, appearing to read 'J. K. Sahu'.

Dr J K Sahu
Professor & HOD

Department of Biochemistry
VKSGMC, Neemuch (M.P.)


A handwritten signature in black ink, appearing to read 'Virendra Kumar Sakhlecha'.


DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Table of Contents

1. Introduction
2. Scope or Work
3. Pre-Qualification/Eligibility Criteria
4. Technical Compliance Criteria
5. Payment Schedule
6. General Terms and Conditions
7. Buyer Specific ATC
8. Annexures
 - Annexure 1: Draft Agreement
 - Annexure 2: Non-Disclosure Agreement
 - Annexure 3: Bid Cover Letter
 - Annexure 4: Self-Declaration for Blacklisting
 - Annexure 5: Power of Attorney
 - Annexure 6: Format for Annual Turnover
 - Annexure 7: Format for Experience Certificate
9. Bid Evaluation Parameter

All document required as per format otherwise tender will treated as cancelled


Dr J K Sahu
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P.)


DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

1. Introduction

Virendra Kumar Sakhlecha Medical College, Neemuch invites proposals from eligible bidders for an establishment, installation, and maintenance of Gymnasium equipment and facilities within the college campus. The objective is to promote physical fitness and well-being among students and staff through modern gym facilities.

On behalf of the Virendra Kumar Sakhlecha Medical College, Neemuch digitally signed bids are hereby invite you the college administration for the Selection of Agency for the Supply and installation of modern gym equipment's. This initiative aims to encourage a healthy lifestyle and stress management within the campus in VKSGMC, Madhya Pradesh, India, and enhance physical endurance, strength, and mental wellness through regular workouts. The selected agency shall be responsible for procuring, installing, and integrating the listed equipment's along with a complete Supply and installation of modern gym (cardio machines, strength machines, free weights, mats, etc.).

Key Information

- Bid Submission: Bids must be submitted online through procurement platform (details below).
- EMD: Earnest Money Deposit (EMD) of INR 50,000 to be submitted online.
- Bid Documents: Bidders can download the complete documents from the e-procurement platform.

Important Dates

Description of Particulars	Dates
Date of Publication of Bid	09.01.26; 5 PM onwards
Last Date for Submission of Queries	14.01.26 till 04:00 PM
Pre-bid Meeting	12.01.26, 3.00 PM- 4.00PM
Bid Closing Date	31.01.26 till 05:00 PM
Date & Time for Opening of Tech Bid	01.02.26, 11AM
Opening of Financial Bid	01.02.26, 1PM

Bids for this service will be accepted through online mode only. Manual bids will not be accepted under any circumstances, copy of bid and relevant document in original form with signed and firm stamp in each page have to submitted in receipt section sunderlalpatwa government medical college, Neemuch on or before bid closing date and time. The Virendra Kumar Sakhlecha Medical College, Neemuch reserves the right to accept or reject any bid in full or part without assigning any reason.

Dr J K Sahu

Professor & HOD

TENDER FOR GYMNASIUM AT VKSGMC, NEEMUCH
Department of Biochemistry
VKSGMC, Neemuch (M.P.)

DEAN

3 of 28 | Page

Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Disclaimer

This bid is not an offer by the Virendra Kumar Sakhlecha Government Medical College, Neemuch but an invitation to receive offers from vendors/bidders. No contractual obligation shall arise from the bidding process unless a formal contract is signed and executed by duly authorized Officers of the Virendra Kumar Sakhlecha Government Medical College, Neemuch with the selected vendor/bidder.

Clarification of Bidding Documents

A prospective bidder requiring any clarification of the bidding documents shall contact the service receiver in writing. The receiver will respond in writing to any request for clarification, provided that such request is received well within the specified time for submission of queries.

Note: Non-submission of the required documents by any bidder will result in disqualification from the bidding process.

2. Scope of Work

Virendra Kumar Sakhlecha Government Medical College, Neemuch is seeking a turnkey solution provider with extensive experience in educational technology and infrastructure development. The selected agency will be responsible for the complete setup and installation of modern gym equipment. The detailed scope of work as follows:

2.1 Installation and Configuration

- **Equipment:** The modern gymnasium equipment room setup will include, Ensuring safety standards and quality of equipment's of the following components:

S.No.	Product	Quantity
1	Treadmill	04
2	Elliptical Trainer	04
3	Recumbent Bike	02
4	Multipress	02
5	Leg Extension/Leg Curl	02
6	Functional Trainer	02
7	Smith Machine	02
8	45DegreeLegpress	02
9	Seated Preacher Curl	04
10	Multi Adjustable Bench	02
11	DumbbellRack12Pairs	04
12	Olympic Flat Bench	02
13	Olympic Incline Bench	02
14	AB Coaster	02
15	Solid Dumbbells(1to40kgEachset)	02
16	Olympic Hole Plates(2.5kg)	10
16.1	Olympic Hole Plates(5kg)	10
16.2	Olympic Hole Plates(7.5kg)	10
16.3	Olympic Hole Plates(10 kg)	10

TENDER FOR GYMNASIUM AT GMC, NEEMUCH

Dr J K Sahu

Professor & HOD

Department of Biochemistry

VKSGMC, Neemuch (M.P.)

4 of 28 | Page

DEAN
Virendra Kumar Sakhlecha
Govt. Medical College
Neemuch (M.P.)

16.4	Olympic Hole Plates(12.5kg)	06
16.5	Olympic Hole Plates(15 kg)	06
16.6	Olympic Hole Plates(20kg)	06
16.7	Olympic Hole Plates(25kg)	06
17	Heavy Duty OlympicBar	04
18	72"OlympicBar	12
19	47"EZCurlBar	04
20	Multi Grip Bar	02
21	Bosu Balancing Ball	02
22	Multi Hyper Extension	02
23	Bumper Plates	24
24	Gym Olympic Barbell Collar Lock Steel with Chrome Plated (Pack of 10)	05
25	Single Grip Nylon LatBar	04
26	Nylon Lat Rope	06
27	D Handle Grip (set of 1 pair)	02
28	Mag Handle(Set of 5 Handles + 5 Pieces Snaphook)	02
29	Floor Mat(25x304x304mm)perSq.ft.	3000
30.1	Bar Collection separate (3ft.)	02
30.2	Bar Collection separate (4ft)	02
30.3	Bar Collection separate (5ft.)	02
31	GYM Ball 75 cm.	02
32	The raBands	02
33	Outdoor Gym Equipment (Octagonal Multi gym Kog 01 in 09 Station)	01

- **Quality Requirements:**

- Ensure high-quality installation, safety standards and quality of gym equipment. The system should be integrated to support and provision for annual maintenance of equipment.

- **Time Frame:**

- The entire setup and installation must be completed within two months from the award of the contract.

- **On-Site Implementation:**

- All modern gymnasium equipment installation activities are to be conducted within the College premises at Virendra Kumar Sakhlecha Government Medical College Neemuch. No equipment or configurations should be set up off-site.

2.2 System Integration and Testing

- **Integration:**

- The agency must ensure all components Gymnasium equipment are integrated for smooth operation. This includes linking displays, audio, microphones, cameras, and other AV elements into a cohesive system controlled by a single digital podium interface.

TENDER FOR GYMNASIUM AT GMC, NEEMUCH

Dr J K Sahu
Professor & HOD

Department of Biochemistry
VKSGMC, Neemuch (M.P.)

Virendra Kumar Sakhlecha
Govt. Medical College
Neemuch (M.P.)

5 of 28 | Page

- **Testing:**

- All gymnasium equipment shall be thoroughly tested at the time of installation to ensure safety, durability, and compliance with quality standards.
- The supplier must demonstrate proper functioning of each machine in the presence of the college committee.
- Any defective or non-compliant equipment must be replaced immediately at no extra cost to the institution.

2.3 Post-Installation Procedures

- **Quality Assurance:**

- The agency must conduct a final quality check to confirm all gymnasium equipment's are operational, deliver high-quality output, and meet the requirements of Virendra Kumar Sakhlecha Government Medical College, Neemuch

- **User Training:**

- The agency will provide training / demonstration for designated college staff at the time of installation to check the proper functioning of each gymnasium machine.

2.4 Maintenance and Support

- **Warranty:**

- The agency must provide a warranty of minimum one year from the date of installation and acceptance. This warranty should cover all installed components and include technical support.

- **Post-Warranty Maintenance:**

- An option for extending maintenance for an additional year will be available based on the agency's performance. The agency must quote a one-time charge per year in the financial bid.

2.5 Exit Management

- **Handover:**

- Upon completion of services or contract termination, the agency must ensure a proper handover of all installed gymnasium equipment to GMC Neemuch.

- **Documentation Support:**

- The agency must provide all relevant documentation, including user manuals, maintenance procedures, and configuration guides.

J. K. Sahu

Dr J K Sahu

Professor & HOD

TENDER FOR GYMNASIUM AT GMC, NEEMUCH
Department of Biochemistry
VKSGMC, Neemuch (M.P.)

6 of 28 | Page

21

DEAN

Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Support During Transition:

- The agency is required to offer support during the transition period, assisting in the transfer of knowledge and operational procedures to Virendra Kumar Sakhlecha Government Medical College, Neemuch or a new service provider.

3. Pre-Qualification/Eligibility Criteria

A proposer participating in the tender process shall possess the following minimum pre-qualification/eligibility criteria.

S.No	Basic Requirement	Specific Requirements	Documents Required
1	Legal Entity	Applicants/ Bidders (Sole Bidder/All members of the consortium) eligible for participating in the Assignment should be a legal Business Entity. Business Entity shall mean a company registered in India under the Companies Act 1956, or Limited Liability Partnership Firm under Limited Liability Partnership Firm Act 2008.	Certificates of incorporation / Registration Certificates of /along with Bylaws/ MoA&AoA or similar legal document.
2	Turnover	Sole bidder/ All members of consortium jointly should have minimum average annual turnover of INR 50 lakhs for 3 financial years in (FY 2022-23, 2023-24 and 2024-25)	Certified Balance Sheet and CA Certificate to be submitted for the last three (3) Financial Years
3	Experience	Sole bidder/ All members of consortium Jointly/individually should have experience of execution of Similar work for any state / central government/ PSU /scheduled commercial Bank /other reputed organizations/Institutions/ society in last 03 Years from the date of bid submission.	Work Order/ Copy of Work Progress/ Purchase Order along with Duly signed Certificate of Order. Note : a. At least any one of the above documents should clearly define the value of the order.
4	Blacklisting	The agency should not have been blacklisted by any State Government, Central Government or any other Public Sector undertaking or a corporation or any other Autonomous organization of Central	Self- Declaration (duly signed by the authorized signatory)

TENDER FOR GYMNASIUM AT GMC, NEEMUCH

Dr. J. K. Sahu
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P.)

7 of 28 | Page
DEAN
Virendra Kumar Sakhlecha
Govt. Medical College
Neemuch (M.P.)

		or State Government. Self- certificated declaring that the agency is not blacklisted to be enclosed.	
5	Board Resolution /Power Attorney favor of Authorized Signatory	A Board Resolution or Power of Attorney, in the name of the person executing the bid, authorizing the signatory to sign on behalf of the Bidding entity.	Power of attorney /board resolution to the authorized Signatory of the Bid
6	Certificates	• All certificates as mentioned in the Technical Compliance	The Documents should be submitted along with Technical Bid.

Bidding firm/bidder shall be read as Sole / All members of the Consortium Jointly. Any non-compliance to above criteria may lead to the disqualification of bidder from PO cum Technical Evaluation.

4. Technical Compliance Criteria

Specification of equipment involved in purchasing of Gymnasia should have following below mentioned criteria:

1. Treadmill

S.No.	Specification	Details
1	Display	Full HD resolution
2	Motor	Durable AC motor with over-current, short-circuit, and protection features
3	Power	2.5HP AC continuous motor
4	Running Surface	25"x67"
5	Speed Range	1 to 20 km/h
6	Incline Range	Auto decline and incline
7	Controls	Direct push button controls on the console
8	Programs	12 built-in motivating workout programs
9	Base	Extra heavy-duty steel base with double-cell neoprene rubber suspension
10	Running Deck	1" thick fiberboard
11	Running Belt	2-ply commercial-grade German Sieglings belt
12	Accessories	Large twin cup holder with built-in tray Electric point and Schocket as per need
13	Safety	Emergency stop button
14	Design	Sweat-proof console
15	User Capacity	Maximum user weight - 110 kg
16	Dimensions (L x W x H)	221 x 98 x 176 cm



Dr. J. K. Sahu

Professor & HOD

Department of Biochemistry

TENDER FOR GYMNASIUM AT GMC, NEEMUCH
VKSGMC, Neemuch (M.P.)



8 of 28 | Page

DEAN

Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

2. Elliptical Trainer

S.No.	Specification	Details
1	Display	5-7" TFT touchscreen LCD screen
2	Resistance Levels	32 levels
3	Programs	Various motivating programs for different workout requirements
4	Flywheel	14.2kg two-way flywheel
5	Stride Length	20"
6	Crank Arm	3-piece crank arm
7	Features	Bluetooth connectivity, speakers, and mobile phone holder
8	User Capacity	Maximum user weight - 160 kg
9	Dimensions (L x W x H)	190x86x177cm
10	Accessories	Electric point and Schocket as per need

3. Recumbent Bike-

S.No.	Specification	Details
1	Drive	Two-stage drive with poly V-belt
2	Resistance System	Self-powered hybrid brake
3	Resistance Levels	20 levels
4	Monitor	7"-window dot matrix LED display
5	Display Readouts	Time, Distance, RPM, Speed, Level, Calories, Pulse, Watts
6	Programs	Various motivating programs for different workout requirements
7	Seat Adjustment	Easy-to-operate adjustment bar to move the seat forward and backward
8	Design Features	Walk-through design for easy access
9	Accessories	Accessory tray with cup holder, Electric point and Schocket as per need
10	Handlebars	Quick access resistance (\pm) keys and handheld pulse sensors
11	Pedals	Adjustable pedal straps
12	Frame	Aluminum upright beam
13	Crank System	Hidden 3-piece cranks inside crank cover for safety
14	Mobility	Transport wheels
15	Stability	Adjustable floor levelers
16	Connectivity	Built-in receiver
17	User Capacity	Maximum user weight - 180 kg
18	Dimensions (L x W x H)	165x64x138cm

4. Multi press

Heavy Adjustable Bench with incline flat option for targeting Chest & Shoulder Muscles with following features: -

Superior Performance: It should have a smooth and fluid motion with the press arms for targeting chest muscles.

Adjustable Design: It should have adjustable seat and backrest cater to users of all sizes and fitness levels, ensuring proper positioning and support during workout.

Progressive Resistance: It allow the robust weight holders for gradual progression, enabling increase resistance to improve strength.

K. Sahu

Dr. K Sahu

Professor & HOD

TENDER FOR GYMNASIUM AT GMCG, NEEMUCH

Department of Biochemistry
VKSGMC, Neemuch (M.P.)

31

9 of 28 | Page

DEAN

Virendra Kumar Saklecha
Govt. Medical College

Safety and Durability: it should have sturdy frame and secure grips to provide stability and support, minimizing the risk of injury, built with high-quality and heavy materials, which ensures long-lasting performance and reliability.

Versatile Workout Options: it should be useful for performing a variety of chest exercises, such as bench presses and flyes, allowing to target different muscle groups and achieve a well-rounded chest workout.

S.No.	Specification	Details
1	Measurements	198X135X166CM (LXWXH)
2	WeightStack	150LBS

5. LegExtension/LegCurl

It should have

- Dual-Function Design:** For performing both leg curl and leg extension exercises on one machine,
- Targeted Lower Body Workout:** To Isolate and strengthen quadriceps, hamstrings, and calves with precision using adjustable resistance levels tailored to fitness goals.
- Comfortable and Ergonomic:** For enjoying a comfortable workout experience with cushioned leg pads and an adjustable seat, ensuring proper form and reducing strain during intense sessions.
- Heavy-Duty Construction:** High-quality heavy materials with sturdy construction.
- Versatile Training Options:** For customizing workout routine with multiple grip positions and adjustable settings.

S.No.	Specification	Details
1	Measurements	161X133X158CM (LXH WXH)
2	WeightStack	220LBS

6. FunctionalTrainer-

BUILT QUALITY-It should made up of alloy steel with commercial grade ISI 4 x 2 inches frame with Linear Bearing Smith Machine, Stainless Steel panels and Inter-Locking Attachments. The machine has been designed with proper bio-mechanism and exhibit force on proper workout areas. The weight of the entire machine should be approx. 450 kg including 80-80kg High Grade PVC Weight Stack and its heavy structure to makes it super sturdy and durable.

EXERCISES - it should cover more than 50 exercises which can be performed on this machine, which covers major workouts like 1. Cable Crossover 2. Lats Pull Down 3. Back Pull Down 4. Pec Fly 5. Rear Delt 6. Squats 7. Shoulder 8. Incline Bench Press 9. Flat Bench Press 10. Decline Bench Press 11. Ground Pulley or Rowing 12. Bicep 13. Tricep 14. Manual Squats 15. T-Bar 16. Pull-Ups 17. Stretching 18. Dead Lift 19. Leg Press 20. Low Cable Row 21. Lunges 22. Collars and many more

S.No.	Specification	Details
1	Measurements	166X123X242CM (LXWXH)
2	Weight Stack	220LBS x2

J. Sahu

Dr J K Sahu

10 of 28 | Page

TENDER FOR PURCHASE OF EQUIPMENT

Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P)

S. I.
DEAN

Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P)

7. SmithMachine –

- **STRUCTURE:** It should be manufactured with 4 x 2 inches ISI 12 gauge commercial frame and 6mm thick metal gone through laser cutting to bear extreme heavy loads. The machine should be integrated with STAINLESS STEEL PANELS to increase the load bearing capacity.
- **PARTS & ACCESSORIES:** it parts should have all the imported bearings, pulley & wires which ensure the smoothness of moving parts during workout.
- **ATTACHMENTS:** J-hooks (rubberised), Spotters (rubberised), Dips Attachments, Lats Pulley Pads Attachment, Rowing Footrest, Leg Press Attachment, Lats Pull Down Handle, Bi-Tri Handle & Crossover Handle.
- **SAFETY FEATURES:** All the attachments should have inter-locking mechanism which ensures the safety during workout.
- **WEIGHT STACK** - Imported 80 Kg- 80 Kg Metal Stack

S.No.	Specification	Details
1	Type	Counter Balanced
2	Pully	Aluminium Pulley
3	LXWXH	140X209X250CM

8. 45DegreeLegpress-

It should have

- Designed For Rough and Tough Use
- Linear Bearings Movement for Smooth Workout
- Smart Switch Between Leg Press and Hack Squat
- Carriage Unlock Handles

S.No.	Specification	Details
1	LXHWXH	214X161X140CM
2	Max WeightCapacity	600KG/1300LBS

9. SeatedPreacherCurl

- **Materials Used:** Made using Mechanical grade steel Rectangular Sections.
- **Equipment Frame:** Triangular structure to provides load bearing as great as 450 KGS.
- **Adjustable Seat:** 3 Level adjustable seat ensures Ergonomic design, suitable for all groups of people.

S.No.	Specification	Details
1	LXHWXH	101X81X88CM

10.MultiAdjustableBench

- **Super Heavy Duty Bench with Multiple Laser-Cut Adjustable Levels:** should be constructed with a commercial grade heavy-duty 4x2" MS-Pipe frame.
- **Cushion Quality** should be minimum of 45mm thick layer of comfortable cushioning .
- The bench should offers 9 different backrest positions and a 2-position seat pad, for giving flexibility during exercises.
- The bench should have a durable powder-coated finish for long-lasting protection and equipped with wheels for easy portability.

S.No.	Specification	Details
1	LXWXH	121X75X46CM

11. Dumbbell Rack 12 Pairs

- Ergonomically Designed should be manufactured with 4 x 2 inches 3 tier With Storage Capacity Upto 24 Pc
- Shape Frame Which Makes it Super Sturdy and durable.
- Premium Quality of Holders Made Up of Unbreakable Material
- Double Electrostatic Powder Coating For Premium Finishing
- Can Be Used for Hexagonal Dumbbells or Round Bouncy Dumbbells

S.No.	Specification	Details
1	LXWXH	159X81X98CM

12. Olympic Flat Bench

- RISE UP a wide range of high-quality commercial grade gym equipment, with strong build Flat Bench.

S.No.	Specification	Details
1	LXWXH	170X166X137CM

13. Olympic Incline Bench

Adjustable And Foldable Gym Bench Incline, Decline & Flat 250 Kg Capacity Fitness Gym Bench with Resistance Ropes

S.No.	Specification	Details
1	LXHWXH	163X165X137CM

14. ABCoaster

AB Toning & Core Strength Trainer 150 Kg Weight Capacity,

S.No.	Specification	Details
1	LXHWXH	185X72X145CM
2	Maximum User Weight	150kg

15. Solid Dumbbells

S.No.	Specification	Details
1	Material	Alloy Steel Plates with Dumbbell Rods 28 mm & Spin Lock
2	Feature	Anti-Rust Mirror Finish
3	Weights	1kg to 40kg

16. Olympic Hole Plates

S.No.	Specification	Details
1	Material	Thermo plastic Rubber (TPR)
2	Feature	Tear Proof, Soundless & Bouncy Effect

17. Heavy Duty Olympic Bar

S.No.	Specification	Details
1	Net Weight	20kg

TENDER FOR GYMNASIUM AT GMC, NEEMUCH

Dr. J. K. Sahu
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P.)

DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

2	Length	7.2ft(Olympic length)
3	Metal Composition	EN8
4	Coating	Nickel
5	Bushings& Bearings	2bronzebushings&4high-qualitybearings
6	Shaft Diameter	30mm
7	Sleeve Diameter	50mm
8	Sleeve Length	15"
9	Max Load Capacity	816kg/1800lbs

18. 72"OlympicBar Heavy Duty

S.No.	Specification	Details
1	Net Weight	13kg
2	Finish	Nickel
3	Shaft Diameter	28mm
4	Sleeve Diameter	50mm
5	Sleeve Length	11"

19. 47"EZCurlBarHeavy Duty

S.No.	Specification	Details
1	Net Weight	10kg
2	Finish	Nickel
3	Shaft Diameter	28mm
4	Sleeve Diameter	50mm
5	Sleeve Length	8"

20. MultiGripBar

S.No.	Specification	Details
1	Size	2.2Meter

21. Bosu Balancing Ball

Colour	Multi
Item Weight	2900 Grams or above
Material	Polyvinyl Chloride (PVC)
Product Dimensions	58L x 58W x 8H Centimeters

22. MultiHyperExtension

S.No.	Specification	Details
1	LXHWXH	121X73X93CM

23. BumperPlates

S.No.	Specification	Details
1	Material	Virgin Rubber
2	Feature	No SmellandLee Bounce
3	Type	Beveled EdgeandKnurledGrip.
4	Weights	2.5kgto25 kg

TENDER FOR GYMNASIUM AT GMC, NEEMUCH

Professor & HOD
Department of Biochemistry
Neemuch (M.P.)

DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

24. Gym Olympic Barbell Collar Lock Steel with Chrome Plated (Pack of 10)

- Gym safety iron (steel chrome plated) Olympic barbell collar lock that is using to hold weight plates for both side of barbell, 50 mm whole of the collar.
- Easy to grip / easy to use, Material: Steel
- It should be highly durable and long-lasting

25. Single Grip Nylon Lat Bar- Heavy Duty Single Triceps Cable Attachment, Tricep Rope, Seated Row Grip, V Tricep Press Down Bar and Straight LAT Bar (Single Tricep Rope)

- Dimensions: 13 inch heavy-duty Tricep Rope. Cable Ring - 0.7 inches.
- Durable: Triceps rope for gym should be constructed of heavy duty nylon rope with solid rubber handles for strength and durability

26. Nylon Lat Rope

- Versatility: It should allows for a variety of exercises targeting the back, shoulders, and arms. Adjustable Weight: Should accommodate various weight plates for progressive resistance training.
- Comfortable Padding: It should includes padded grips to support body during exercises. Multi-Grip Handles: Should offers different grip positions for targeting different muscle groups and accommodating user preferences.
- Sturdy Construction: It should Made of durable materials to withstand heavy use and support the weight load. Easy Attachment: should attaches securely to compatible weight benches or cable machines with a quick-release mechanism.
- Smooth Movement: It should provides a smooth and fluid motion for performing lat pull downs and other exercises. Space-Saving Design: Compact size ideal for home gyms or facilities with limited space.
- Compatible with Accessories: It should have some attachments may include options for adding resistance bands or other accessories for added versatility in training.

27. D Handle Grip - Attachment for T-Bar Row, Tricep, Pull Exercise - Strength Training Handles for Gym (Set of 1 Pair)

28. Mag Handle (Set of 5)- LAT Pull down Attachments, Thickened Ergonomic Back Tricep Training Handle, LAT Pull Down Bar for Press Down Exercises, Cable Attachments for Gym (Set of 5 Handles + 5 Pieces Snaphook)

29. Floor Mat: Interlocking Rubber Tile for Gym Flooring - 90 X 90 Cms, Black

- Rubber Floor Mat: The multipurpose rubber tiles add cushion and support without compromising their durable quality. The rubber mat tiles interlock together and provide floor protection, making it a functional weight room mat, home gym flooring, garage flooring and utility mat.
- Exercise Mat: For gyms, exercise room flooring withstands heavy weights and improves traction. The thick rubber mats interlock together, protecting any floor plan. These large rubber mats are the flooring of choice as a mat for exercise equipment and workout mat.
- Durable Rubber Mat: Made from natural and recycled rubber, the interlocking rubber floor tiles. Each rubber floor mat is 91.44 x 91.44 cm, sized for use as a mat for gym.

30. Bar Collection separate- Heavy duty, rust free, made up of stainless steel, chrome coating.

31. GYM Ball 75 CM.- Designed with thick PVC material with anti-Burst Gym Ball for Stability.

32. Thera Bands- Multi color resistance bands mini loop set (pack of 5), hip band toning exercise bands, booty belt made of latex band.

33. Open GYM

S.No.	Specification	Details
1	Model	Outdoor Gym Equipment (Octagonal Multi gym Kog 01 in 09 Station)
2	Usage/Application	Outdoor Octagonal Multi gym Kog 01 in 9 Station with following activity:- I. Leg press II. Surf board III. Elliptical cross trainer IV. Rower V. Bony rider VI. Air walker VII. Abdominal exerciser VIII. Pull chair IX. Stand twister
3	Material	Heavy-duty rust-free materials
4	Color	Multicolor
5.	Installation	Complete installation which include digging of pit, with proper concrete and finishing.

5. Payment Terms:

- Payment will be made as per the bills or mobilization approved by the authorities upon submission of invoices.
- The Agency's request for payment must be submitted to the Dean, Virendra Kumar Sakhlecha Government Medical College, Neemuch in writing, accompanied by an invoice that describes the details of the item supplied/service completed, along with an acceptance certificate.
- Payment shall be made in Indian Rupees by RTGS/NEFT to the bank account in the name of the Agency.

6. General Terms and Conditions.

- The Virendra Kumar Sakhlecha Government Medical College, Neemuch reserves the right to accept or reject any bid without assigning any reason.
- All costs incurred in the preparation and submission of bids are non-refundable.
- Bids will be evaluated based on technical and financial criteria. The selection will be made based on the lowest evaluated bid that meets the technical requirements.
- The successful bidder will receive a Letter of Acceptance (LOA) confirming the award of the contract. This letter will outline the terms of the contract, including timelines and scope of work.
- The successful bidder will be required to sign a Non-Disclosure Agreement to protect sensitive information related to the project.
- The formal contract will be signed within 15 days of the issuance of the LOA. The contract will detail all terms and conditions, including scope, payment terms, performance standards, and timelines.

TENDER FOR GYMNASIUM, NEEMUCH

Professor & HOD
Department of Biochemistry
Neemuch (M.P.)

15 of 28 | Page

DEAN
Virendra Kumar Sakhlecha
Govt. Medical College
Neemuch (M.P.)

- Work shall commence only after the signing of the contract and submission of the performance security.
- Any amendments to the contract must be in writing and signed by both parties.

7. Buyer Specific Additional Terms and Conditions (ATC)

- Bidders must upload a Declaration regarding acceptance of all Additional Terms and Conditions (ATC).
- Bidders must have a Local Office in Madhya Pradesh. As a proof of address, they need to upload their Gumasta / Incorporation certificate or MSME Udyam Registration Certificate showing Local Office address in MP.
- Bidders must upload a scan copy of their Firm/Agency's PAN Card.
- Bidders Firm/Agency must not be Blacklisted in the last 03 Years. All Bidders must upload a Declaration regarding this on their Letterhead.
- Bidders or their Firm/Agency must not be Bankrupt and must not be under Liquidation/Court Receivership or similar proceedings. All Bidders must upload a Declaration regarding this on their Letterhead along with ECS mandate form.
- Bidders must upload proof of EMD submitted online.
- Bidders/OEM must upload Certificates as asked in the Technical Specification.
- Escalation matrix should be separately provided along with the documents.
- All taxes, transport and installation charges should be included in the offered price.
- Chartered Accountant Certificate certifying Annual Turnover with UDIN.
- Bidder's offer is liable to be rejected if they don't upload any of the certificates /Documents sought in the bid documents.
- Department may ask for the presentation and bidder must present with the necessary equipment for the presentation.
- All rights in relation to the bid are reserved with department. No reason shall be presented in case of rejection of bid.
- Installation Training for the related equipment to be provided by the Bidder.
- The bidder (Firm/Company)/Consortium should have a combined minimum average annual turnover of 1cr from last three consecutive Financial years (FY22-23, FY 23-24 and FY 24-25).



Dr J K Sahu
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P)



DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Annexure 1: Draft Agreement
(Agreement for modern gymnasium equipment Development)

This Agreement is made on.....(Date)

Between:

Virendra Kumar Sakhlecha Government Medical College,
Neemuch, Madhya Pradesh

(herein after referred to as "The First Party"), which expression shall include its successors
in office and assigns of the one part,

And:

.....(Your Company Name & Address)
(hereinafter referred to as "The Second Party"), which expression shall include its heirs,
successors, executors, and administrators of the other part.

Whereas, the Second Party has agreed to provide services for the development of an modern
gymnasium equipment, as outlined in the Request for Proposal (RFP) issued by the First
Party.

Now, therefore, the parties agree as follows:

1. Scope of Services:

The Second Party shall deliver services for the supply, installation, configuration, and
integration of gymnasium equipment along with user training as per the specifications
outlined in the RFP. This includes, but is not limited to:

2. The scope of services includes supply, installation, testing, and commissioning of
gymnasium equipment along with user training. It also covers warranty, maintenance,
and prompt technical support to ensure safe and uninterrupted functioning of the
equipment.

3. Payment Terms:

- a. Payment shall be made based on approved invoices or mobilization bills submitted
by the Second party as per milestones set forth in the contract.
b. All payments will be made in Indian Rupees via RTGS/NEFT.

4. Contract Duration:

The duration of this Agreement shall be for period of **One Year** commencing from the
date of execution. The Second Party agrees to complete the installation within one
months from the start date.


5. Conditions of the Agreement:

- a. The conditions set forth in the RFP and any related documents shall be considered
integral to this Agreement.
b. The Second Party agrees to adhere to all terms and conditions specified in the RFP,
including quality standards, timelines and equipment specifications.

6. Dispute Resolution:

TENDER FOR GYMNASIUM AT GMC, NEEMUCH


Dr J K Sahu
Professor & HOD
Department of Biochemistry
'KSGMC, Neemuch (M.P.)


Virendra Kumar Sakhlecha
Govt. Medical College
Neemuch (M.P.)

Any disputes arising from this Agreement shall be resolved by the First Party and the decision of the First Party shall be final and binding. In case of any jurisdiction needed, proceeding will only in District court Neemuch.

7. Confidentiality:

The Second Party shall maintain confidentiality regarding all information and materials provided by the First Party and agrees not to disclose any details about the gymnasium equipments setup without prior consent.

8. Handover of System and Documentation:

Upon completion of services, the Second Party shall transfer all system documentation, user manuals, and training materials related to the gymnasium equipment setup to the First Party.

9. Warranties and Maintenance:

- a. The Second Party shall provide a warranty of one year from the date of installation and acceptance, covering all installed components and technical support.
- b. An option for post-warranty maintenance for an additional year will be available, subject to terms agreed upon at the time of contract extension.

In witness where of the parties here to have executed this Agreement on the day and year first above written.

For and on behalf of Virendra Kumar Sakhlecha Government Medical College, Neemuch(First Party):

Signature:

Name:

Designation:

Date :

**For and on behalf of[Your Company Name]
(Second Party):**

.....

Signature :

Name:

Designation :

Date :

Witnesses:

1. Signature : Name: Designation:	2. Signature : Name Designation :
---	---

18 of 28 | Page

TENDER FOR GYMNASIUM AT GMC, NEEMUCH

Dr J K Sahu
Protessor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P)

DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Annexure 2: Non-Disclosure Agreement

This Non- Disclosure Agreement ("Agreement") is made and entered into on this.....(Day) of(Month),(Year) (the "Effective Date") by and between:

Virendra Kumar Sakhlecha Government Medical College, Neemuch
Madhya Pradesh
(here in after referred to as 'First Party')

And:

.....
[Your Company Name & Address]
(here in after referred to as "Second Party")

Whereas, the First Party and the Second Party have entered into an Agreement for the provision of gymnasium equipment development services as detailed in the Request for Proposal (RFP).

Whereas, the parties desire to share certain proprietary and confidential information in connection with the gymnasium equipment development services.

Now, therefore, in consideration of the mutual covenants contained herein, the parties agree as follows:

1. Definitions

"Confidential Information means all technical specifications, pricing details, designs, manuals, maintenance protocols, and proprietary data related to the gymnasium equipment, which shall not be disclosed to any third party without prior written consent of the College."

2. Obligation

The Second Party agrees to:

- Use the Confidential Information solely for the purpose of fulfilling obligation under the Agreement.
- Maintain the confidentiality of the Confidential Information with the same degree of care as it uses to protect its own confidential information.

J. K. Sahu
Dr J K Sahu
TENDER FOR GYMNASIUM AT GMC, NEEMUCH
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P.)

21
DEAN
Virendra Kumar Sakhlecha
Govt. Medical College
Neemuch (M.P.)

- Not disclose and Confidential Information to any third party without the prior written consent of the First Party.
- Return or destroy all Confidential Information upon the request of the First Party.

3. Exclusions

The obligation of confidentiality shall not apply to information that:
Is or becomes publicly available through no fault of the Second Party.
Was known of the Second Party prior to disclosure by the First Party.
Is received from a third party without breach of any obligation of confidentiality.

4. Remedies

The Second Party acknowledges that any unauthorized disclosure or use of Confidential Information may cause irreparable harm to the First Party, and the First Party shall be entitled to seek injunctive relief in addition to any other available remedies.

5. Governing Law

This Agreement shall be governed by the laws of India, and any disputes arising hereunder shall be subject to the exclusive jurisdiction of the courts located in Neemuch, (M.P.)

6. Term

This Agreement Shall remain in effect for a period of[insert duration] from the Effective Date or until terminated by either party with.....[insert notice period]

7. Survival

All obligation regarding Confidential Information shall survive the termination of this Agreement.

8. Entire Agreement

This Agreement constitutes the entire understanding between the parties concerning the subject matter herein and supersedes all prior agreements and understandings.

9. Amendments

No amendment to this Agreement shall be valid unless made in writing and signed by both parties.

K. Sahu
Dr J K Sahu
Professor & HOD
TENDER FOR GYMNASIUM AT GMC, NEEMUCH
Department of Biochemistry
VKSGMC, Neemuch (M.P.)

el
DEAN
Virendra Kumar Saklechi
Govt. Medical College
Neemuch (M.P.)

In witness where of, the parties have executed this Non-Disclosure Agreement as of the date first above written.

For and on behalf of GMC Neemuch (First Party)

.....

Signature :

Name:

Designation :

Date :

For and on behalf of [Your Company Name] (Second Party):

.....

Signature :

Name:

Designation :

Date :

Witnesses:

1. Signature :	2. Signature :
Name:	Name
Designation:	Designation :

JK Sahu

Dr JK Sahu
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P)

TENDER FOR GYMNASIUM AT GMC, NEEMUCH

SK

DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Annexure 3: Bid Cover Letter
(To be submitted on the letterhead)

To
The Dean
Virendra Kumar Sakhlecha Government Medical College,
Neemuch Madhya Pradesh

Subject : Bid for "Request for Proposal for Development of Modern Gymnasium at
Medical College, Neemuch"

Ref No. E- Notice No. /GMC, Neemuch/DME /2025, Neemuch, Date.....


Dear sir,

With reference to your "Request for Proposal for Development of Modern Gymnasium equipment at Virendra Kumar Sakhlecha Government Medical College, Neemuch," we here by submit our Prequalification Proposal, Technical Proposal, and Financial Proposal.

We here by declare that:

- I. We acknowledge and accept that the College may apply criteria at its discretion for short listing agencies for providing services.
- II. We have submitted and EMD of INRand a Tender fee of INR.....online through the e-Tendering Portal or the proof of EMD exemption.
- III. All information and details furnished by us in the Bid are true and correct, and all accompanying documents are true copies of their respective originals.
- IV. We agree to abide by our offer for 180 days from the date of opening of the pre-qualification bid and will remain bound by a communication of acceptance within that time.
- V. We have carefully read and understood the terms and conditions of the RFP and undertake to perform as per these terms.
- VI. In the event of acceptance of our bid, we undertake:
 - a. To commence the lecture room development services as stipulated in the RFP document.
 - b. To undertake the project services for the entire contract period from the date of signing of the contract.
- VII. Until a formal contract is prepared and executed, this bid, along with your written acceptance and notification of award, shall constitute a binding contract.
- VIII. We understand that the College may cancel the bidding process at any time and is not bound to accept any bid received.


Dr J K Sahu
TENDER FOR GYMNASIUM AT GMC, NEEMUCH
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P.)


DEAN
Virendra Kumar Sakhlecha
Govt. Medical College
Neemuch (M.P.)

- IX. We acknowledge that if any information provided in our bid is found misleading, we may be dismissed from the selection process or have our contract terminated, if selected.

Thank you for considering our proposal

For any clarification please contact us at(Bidder email).

Thank you.

Yours sincerely,


For


[Your Company name] {seal & Signature}

Name:

Designation:

Address:


Dr J K Sahu
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P)


DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P)

Annexure 4 : Self-Declaration for Blacklisting
(To be submitted on the Letter head of the Agency)

Date :

To

The Dean

Virendra Kumar Sakhlecha Government Medical College, Neemuch
Madhya Pradesh

Subject : Declaration for Not Being Blacklisted

REF No.: E- Notice No. /GMC, Neemuch/DME /2025 Neemuch, Date.....

Dear sir,

I,.....[Authorized Representative's Name],
the authorized representative of[Your Company
Name], here by solemnly confirm that our company is not blacklisted by any Central/State
Government/PSU entity in India or similar agencies globally for unsatisfactory past
performance as of the last date of submission of this bid.

I understand that if any deviation from this factual information or declaration is found,
Virendra Kumar Sakhlecha Government Medical College, Neemuch reserves the right to
reject the bid or terminate the contract without any compensation to the successful agency.

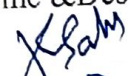
Yours sincerely

For [Your company Name]

.....

Seal & Signature

Name & Designation :


Dr J K Sahu
TENDER FOR GYMNASIUM AT GMC, NEEMUCH
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P.)


DEAN
Virendra Kumar Saklecha 24 of 28 | Page
Govt. Medical College
Neemuch (M.P.)

Annexure 5: Power of Attorney
(On Stamp Paper of Appropriate Value)

Know all persons by these presents, we,[Your Company name]
located at[Address of

Registered office], do here by constitute, appoint and authorize Mr./Ms.

.....[Name of Attorney], residing at

.....[Residential Address of Attorney],

Who is presently employed with us and holding the position of
.....[Designation], as our attorney, to act in our name and on our
behalf for all acts, deeds and things necessary in connection with or incidental to our
Proposal for the "Development of Modern Gymnasium at Virendra Kumar Sakhlecha
Government Medical College, Neemuch".

This includes, but is not limited to, signing and submission of all documents and providing
information/response to the Dean of Virendra Kumar Sakhlecha Government Medical
College, Neemuch in all matters related to our Proposal for the aforementioned project.

We here by agree to ratify all acts, deeds, and things lawfully done by our said attorney
pursuant to this Power of Attorney, and that all acts, deeds and things done by our aforesaid
attorney shall be deemed to have been done by us.

Dated :

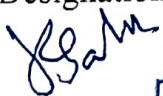
Accepted.

.....

Seal & Signature of Company's Director/Proprietor/Partner with name

Name :[Attorney's Name]

Designation & Signature:[Attorney's]



Dr J K Sahu

Professor & HOD

Department of Biochemistry
VKSGMC, Neemuch (M.P.)

TENDER FOR GYMNASIUM AT GMC, NEEMUCH




DEAN

Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Annexure 6: Format for Annual Turnover


Financial Information Bidder/Consortium			
Financial Year	2022-23	2023-24	2024-25
Turnover Company/Consortium			
Average Annual Turnover Company/Consortium			
Note :			
1. Certificate should be Certified by CA with UDIN number			



Dr J K Sahu
Professor & HOD
Department of Biochemistry
VKSGMC, Neemuch (M.P.)


DEAN
Virendra Kumar Saklecha
Govt. Medical College
Neemuch (M.P.)

Annexure 7: Format for Experience Certificate

Format for Project Experience			
S.No	Item	Details	Attachment
1	Name of the Project		
2	Client for which the project was executed		
3	Name and contact details of the Client		
4	Duration of the project (no. of months, start date, completion date, current status)		
5	Work Order/Copy of Work progress/Completion Certificate		


Dr J K Sahu
 Professor & HOD
 Department of Biochemistry
 VKSGMC, Neemuch (M.P.)


DEAN
 Virendra Kumar Saklecha
 Govt Medical College
 Neemuch (M.P.)

9. Bid Evaluation Parameter

The evaluation of the bidder's response will be conducted in three stages as outlined below:

Stage 1: Pre-Qualification Evaluation

In this stage, bidders will be assessed based on the pre-qualification criteria mentioned in the RFP. Bidders must submit all required documents and demonstrate compliance with all bid conditions, including:

- Submission of original OEM brochures for each item specified in the RFP.
- Submission of the Manufacturer Authorization Form (MAF) from each OEM as required.

Only bidders meeting all pre-qualification requirements and compliance criteria will proceed to the next stage for technical evaluation. If required, the bidder may be called for a demonstration of the equipment to validate the functionality and quality of the proposed items.

Stage 2: Technical Evaluation

The technical evaluation will review the submitted documents to ensure compliance with the technical specifications and requirements outlined in the RFP. The Technical Committee (TC), constituted by the Dean of Virendra Kumar Sakhelecha Government Medical College, Neemuch, will verify:

- Compliance with all technical specifications in the RFP.
- Submission of original OEM brochures for all listed equipment
- Submission of the Manufacturer Authorization Form (MAF) for each required component.

Only those bidders who fulfil all technical compliance requirements will be qualified to move to the financial evaluation stage.

Stage 3: Financial Evaluation

In this stage, the commercial bids of the bidders who meet both pre-qualification and technical compliance requirements will be opened. The financial evaluation will consider the submitted bid amounts to identify the lowest evaluated bidder.

Final Bid Evaluation

The final selection will be based on compliance with all pre-qualification and technical requirements, as well as the financial proposal. The bidder who meets all compliance requirements and has the lowest financial bid will be selected as the preferred bidder.



Dr J K Sahu

Professor & HOD

Department of Biochemistry

VKSGMC, Neemuch (M.P.)

TENDER FOR GYMNASIUM AT GMC, NEEMUCH



DEAN
Virendra Kumar Sakhelecha
Govt. Medical College
Neemuch (M.P.)